

Wholesome Holmstead Community Supported Agriculture (CSA) provides your family the same food our family enjoys. Our selection features our own produce, meats, eggs, herbs, flowers and/or dairy directly from our farm, on a weekly basis.

For a set price, a share gives you and fellow share members:

- **Fresh, local food from our farm**
- **Food-use, preparation and cooking tips, and recipes**
- **'Holm'-Harvest events. These are scheduled events that occur throughout the 19-week CSA season. Because we know our C.S.A. members have an important relationship with our farm, your invitation to these events—picnics, educational tours, activities, etc. is included with your share.**

This year, we have two share types. We design shares to feed a group of four—which could mean a family, a group of friends, and/or co-workers. You may select multiple shares. The shares are:

- **Produce \$380**—a mix of our own produce, and some specialty items such as fresh herbs and cut flower bouquets. Items include salad greens, cukes, squashes, beets, carrots, melons, berries, tomatoes, potatoes—sweet and traditional, *and more!* FMI about other items, please call or email.
- **Egg and Dairy \$210**—½ doz. eggs, ½ Gallon of fresh, not-pasteurized, creamline Guernsey milk. This share features our own yogurt and handcrafted cheeses too. We use recyclable glass mason jars for our milk and yogurt.

For an additional cost, C.S.A. members may also pre-order from our supply of natural meats, including our own Angus beef, 'whey-good' pork, milk-fed veal, and poultry. These items will be available for pick-up on share pick up days.

****Questions? Please contact us, we'll gladly help!****

2012 Wholesome Holmstead CSA Membership Form

CSAs start June 7 and end October 11

Pick-ups are Thursdays from 3:30 – 6:00 pm

Mail your form with deposit to 489 Stanley Rd. Winthrop ME 04364.

We will contact you to confirm receipt of application and deposit.

Name _____

Email _____ Phone _____

Address _____

City _____ St _____ Zip _____

Check share(s) to enroll	Rates	Deposit <i>Due with form</i>	First Payment <i>Due May 15</i>	Final Payment <i>Due July 15</i>
<input type="checkbox"/> Produce	\$380	\$100	\$140	\$140
<input type="checkbox"/> Egg & Dairy	\$210	\$100	\$55	\$55
<input type="checkbox"/> *Delivery	\$95	\$95/location	-----	-----
Totals:				

In joining the CSA, you understand the following: (Please initial by each check-mark.)

- ✓ _____ Share the risk and the rewards of the harvest.
- ✓ _____ Submit payments on schedule. We accept cash and checks (checks payable to Wholesome Holmstead).
- ✓ _____ Pick-up your weekly order on Thursdays from 3:30-6:00 p.m., at the Wholesome Holmstead Farmstand. *Delivery available. Fee applies per *location*.